

September 2018

THE COURIER

A Monthly Publication of The Inter-Faith Chapel
A House of Prayer for All People

Sunday Worship Services

September 2, 2018

9:00 am and 11:00 am

Holy Communion

The Generous Life

James 1: 17-27

Dr. Woodie Rea

Chancel Choir

September 9, 2018

9:00 am and 11:00 am

New Member Sunday

The Gracious Life

James 2: 1-17

Dr. Woodie Rea

Chancel Choir

September 16, 2018

9:00 am and 11:00 am

Take Up Your Cross and Follow

Mark 8: 27-38

Dr. Ramonia Lee

Women's Chorus

September 23, 2018

9:00 am and 11:00 am

Missions Sunday

Who Cares?

Matthew 25: 40

John Mendez

Chancel Choir

September 30, 2018

9:00 am and 11:00 am

The Good Life

James 3: 13-18

Dr. Woodie Rea

Handbell Choir

From the desk of Rev. Dr. Woodie Rea

The saws, hammers, and drills have all accomplished their work, and we are excited to celebrate the completion of our sanctuary renovation project!

This major undertaking involved several components. The 40-year-old carpeting in the Narthex and Sanctuary was replaced with a fresh design and color. Each pew was removed and re-upholstered, and all of our seating has been refurbished with complementary fabric.

One of the significant features of this project was the creation of two special areas for anyone requiring extra room for seating. Prior to this, parishioners in wheelchairs or scooters were positioned in the center aisle. Craftsmen from the Leisure World Wood Shop volunteered their skills to help redesign and reconstruct some of the pews that will now allow for everyone to sit together and feel more a part of the congregation during worship.

We have been blessed with a wonderful Chapel building and those responsible for the upkeep of our property through the years have made wise decisions that have kept our facility current and in good repair. In keeping with this line of faithful stewardship, we feel these improvements are timely and will enhance the beautification and usefulness of The Chapel for years to come.

-Continued on page 2

-Continued from page 1

We have also been blessed with generous donors who have contributed to help with the funding for these renovations. A major portion of the cost for the carpeting was covered through your generous gifts to our 50th Anniversary campaign. Additionally, we have benefited from some designated private donations to begin offsetting the cost of upholstering the pews. If you would like to make a contribution toward the chapel renovation project, please call The Chapel office or you can make a designated credit card donation on line.

We want to acknowledge and thank all those who were a part of this process in various ways. We are especially grateful to Rick Kaiser for serving as Project Manager. Rick, a member of the Chancel Choir, has notable experience in architectural and interior design. He has worked with church renovation projects before and his experience and expertise have proven invaluable. We thank him for volunteering his time and talent and for his personal attention to detail with this improvement at each step along the way.

As a part of our worship service on September 2, through affirmations and prayers, we will celebrate and dedicate these new furnishings to the glory of God. Come, and worship with us. Come, and see our newly renovated sanctuary. Come, and give God praise and glory... for this gift, and for all things.

See you in the Sanctuary,

-Woodie

Prayer of the Month

O God, I don't want to take my
good night's rest for granted:
nor the safety and comfort
of my home;
nor the feeling of health in my body;
nor the renewed gifts of
appreciation and thought;
nor the love and loyalty of
those closest to my life.

I want to begin this day with
thankfulness; and continue it
with eagerness. I shall be busy;
let me set about things in the
spirit of service to you,
and to others.

Take the gifts that I have this day
and use them today;
take the experiences that
life has given me, and use it;
keep my eyes open,
and my imagination alert, that
I may see how things
look to others.
for your love's sake.

Amen.

By Rita Snowden from
A Woman's Prayer Book

In Memoriam

Grace Hosker
7/12/18

Betty Gross
7/27/18

FALL 2018 CHRISTIAN EDUCATION OFFERINGS

Christian Education is a wonderful way to continue your own spiritual development as part of a community of seekers. Our program is designed to help each affiliate grow in knowledge of the Holy Scripture, grow in the wisdom of Christ's teaching and grow in love and support for each other as we live out our faith together.

We offer many opportunities for you to nurture your soul and stimulate your mind, as well as information to help you better care for your body. With a wide variety of course offerings, we hope you will find a topic and time to fit your schedule. Please review the course descriptions and select those which fit your schedule. Register by calling 301-598-5312. If you would like a book for the course please tell us, and pay for your order prior to the first class meeting. We will not reorder books after the class begins.

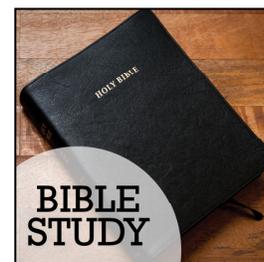
BIBLE STUDIES

Letters to the Seven Churches by William Barclay

Teacher: Dr. Ramonia Lee

Mondays, September 17, 24, October 1 and 15 at 10:30 am

Deadline for registration is Sunday, September 9



When rightly understood, the book of Revelation is one of the most important and challenging books in the entire Bible. Though it was not the last to be written, it stands at the end of the New Testament, for in many ways it picks up themes, which start in Genesis, and brings those and others into focus. The second and third chapters of Revelation contain the letters to the first-century churches, which are much like ones that exist today.

This fall, we will examine each letter to the seven churches and glean their relevancy for twenty-first century Christians and faith communities. The text for the class will be *Letters to the Seven Churches* by William Barclay. He examines the situation in each of the seven cities—its religions, geography, politics and most important of all, threats to the church. Dr. Barclay goes on to provide an expository examination of each letter, explaining words and phrases in the original Greek, the various interpretations, the symbolism contained, and the risen Christ's promise to the faithful. In addition to explaining the historical meaning of these passages in the book of Revelation, Dr. Barclay reveals that many of their problems still confront the church of today.

Session 1: Introduction and the Church at Ephesus, the loveless church, in Rev 2: 1-7

Session 2: Smyrna, the persecuted church, in Rev 2: 8-11 and Pergamum, the compromising church, in Rev. 2: 12-17

Session 3: Thyatira, the immoral church, in Rev. 2: 18-29 and Sardis, the dead church, in Rev. 3: 1-6

Session 4: Philadelphia, the faithful church, in Rev 3: 7 -13 and Laodicea, the lukewarm church, in Rev. 3: 14-22

Dr. Ramonia Lee will lead this class. Books for the class may be purchased for \$12.00. You must order the book when you register.

How We Got the Bible: A New Visual Journey* by Clinton Arnold*Teacher: Mr. Bill Pailen****Thursdays October 4, 11 and 18 and November 1, 8 and 15 at 2:00 pm****Deadline for registration is Sunday, September 23**

All Scripture is “God breathed and useful for teaching,” but who were the writers who penned these inspired words and how did we acquire these 66 books?

In this six-week course, we will discuss how the history of the Bible helps inform us that its consistency and continuity produce a unified whole. We will review the content, languages, and authors of our holy scripture. In addition, we will examine how some of its details are best understood by explanation of its cultural and historical context. Along with the course text, we ask that you bring your Bible for each class.

Bill Pailen will lead this class. The cost of the book is \$14.00. You must order the book when you register.

Unafraid: Living with Courage and Hope in Uncertain Times**by Adam Hamilton****Teacher: Dr. Woodie Rea****Tuesdays, October 16, 23, 30, and November 13 at 10:30 am****Deadline for registration is Sunday, October 7**

.Not a week seems to pass without some new threat or concern dominating the headlines. This era of divisive news, soaring violence, and multiplying natural disasters affects our state of mind and leaves us struggling with fear, worries, and anxiety. Fortunately, there is abundant good news!

Drawing on recent research, psychology, Biblical principles, and inspiring real-life examples, *Unafraid* offers an informed and inspiring series full of practical solutions. Dr. Rea will lead this class. The cost of the book is \$15.00. You must order the book when you register.

New Wave Planning Meeting
Thursday, September 6

Previously known as the *Born 1942 and After* group, this fellowship now has a new name. The *New Wave* group will continue to offer the same dynamic and active events for those interested and able to participate. We depend on members of the group to recommend activities and help plan these events.

So what do you want to do? Do you like community service, festivals, music, plays, food, museums, or other area activities? We will meet in the Chapel library at 2:00 pm on **Thursday, September 6**. Please come to this meeting to plan the group calendar for October – January. Bring your ideas and pertinent information concerning date, time, and cost. Please call Bonnie at 301-598-5312 or email her at b.bonner@inter-faithchapel.org if you can come to the meeting.

Everything You Wanted to Know about Dementia But Were Afraid to Ask
Thursday, September 27 at 10:00 am
Presenter: Terry Ullman, MSW, LCSW-C, LICSW
Deadline for registration is Sunday, September 24

Considerable confusion and misinformation exists about dementia, a word that is commonly used when referring to a number of complex diseases, including Alzheimer's disease. What is dementia and how is it different from Alzheimer's disease? This and other frequently asked questions will be addressed in this presentation. Participants will be given a brief overview of the various forms of dementia, including symptoms and risk factors. An informal discussion will follow, where attendees will have an opportunity to ask questions and clarify their understanding of dementia.

Terry Ullman has a full time private practice in Chevy Chase where she provides individual and couples therapy to adults seeking help with caregiving, chronic illness, life transitions, grief and loss, relationship difficulties, anxiety and depression.

This event is sponsored by the Brooke Grove Foundation. RSVP by calling 301-598-5312 or going to www.inter-faithchapel.org no later than September 24.

“Caregiver College” with Diane Vance, MA
Program and Services Manager
Alzheimer's Association National Capital Area Chapter

We're all forgetful at times, regardless of our age and mental health. However, as we age, our risk of dementia increases. By the age of 85 almost 35% of people will be afflicted with this degenerative disorder that causes gradually and worsening memory loss and mental skills. Dementia is not a specific disease. Instead, dementia describes a group of symptoms affecting memory, thinking and social abilities severely enough to interfere with daily functioning. There are many ways to combat dementia, and one of the most effective is education, so come and learn what you can do to improve your life when you have to deal with dementia.

Thursday, September 13, 2018 Dementia Conversations:
Driving, Doctor Visits, Legal and Financial Planning

Thursday, October 11, 2018
Effective Communication Strategies

Thursday, November 8, 2018
Understanding and Responding to Dementia-Related Behavior

All events will take place from 10:30 am to 11:30 am. Come to one or all three.

This educational event is sponsored by Arden Courts. Please RSVP for this series by calling (301) 847-3051 or e-mailing SilverSpring@arden-courts.com.

Benefits of Singing in a Choir

Many people thoroughly enjoy being in a choir, singing or ringing handbells. You get a chance to sing or ring different kinds of music, and you get to be around others who share your interest in music. Making music with a group of people gives you the balance you need to lead a productive and spiritual life, and boosts your sense of belonging to a special group. Singing and ringing handbells is a wonderful release and opportunity to express your thoughts and feelings through music.

At the Inter-Faith Chapel we offer several choirs for you to enjoy singing or ringing handbells. The **Chancel Choir** rehearses on Thursday evenings from 7:00 pm to 8:30 pm in the Fellowship Hall. All voice parts have openings including women for sopranos and altos and men for tenors and basses. The **Chancel Choir** sings approximately 2 to 3 times a month for the 9:00 am and 11:00 am Sunday services. The **Men's Chorale** rehearses on Tuesdays from 10:00 am to 11:00 am usually in the Fellowship Hall and sometimes in the sanctuary. Men's voices (tenors and basses) are most welcome to join this congenial group of men singers. The **Men's Chorale** sings about 4 or 5 times in the choir season and will begin rehearsals on Tuesday, October 2, 2018. The **Women's Chorus** rehearses on Wednesdays from 10:00 am to 11:00 am in the Fellowship Hall but sometimes in the sanctuary. Women's voices (sopranos and altos) are most welcome to join this joyful group of women singers. The **Women's Chorus** sings once a month for the 9:00 am and 11:00 am Sunday services. The **Inter-Faith Ringers** rehearse on Tuesdays from 1:30 pm to 2:30 pm in the Fellowship Hall. This group of experienced ringers ring at the 9:00 am and 11:00 am services about every eight weeks and on special occasions.

To reap the benefits of singing or ringing in one of the choirs, contact our Director of Music, Kevin M. Clemens, at 301-598-5312 or k.clemens@inter-faithchapel.org.

Generational Joy Dancers

As with so many other groups, The Inter-Faith Chapel's Generational Joy Dancers are hard at work planning meaningful worship experiences for the coming year. We are proud of our diverse membership and look forward to incorporating elements of our many different cultures and religious backgrounds into our dancing. Additionally, we hope to use our various musical preferences and dance experiences to continue our tradition of innovative dance.

We would love to increase our number! Do you have the desire to express your spirituality through dance? If you are able to attend rehearsals once a week on Wednesdays at 4:30 pm., contact Elizabeth Brooks-Evans, email Maureen Harris at michas21791@gmail.com or call 301-598-5312. We are grateful for all of the kind words and support that we receive each time we dance, and we look forward to hearing from anyone who may be interested in joining our group.

Missions Sunday on September 23

Each year, we designate a Sunday to emphasize our commitment to missions in general, and to highlight one of the specific missions that The Inter-Faith Chapel supports. On **Sunday, September 23**, we will focus on Bethesda Cares, a long-standing community outreach program serving the working poor and homeless in Montgomery County.



We are pleased to announce that John Mendez, Executive Director of Bethesda Cares, will be our speaker for both our 9:00 and 11:00 Missions Sunday worship services. Mr. Mendez has been with Bethesda Cares for 18 years and has been recognized by the Department of Veteran Affairs for his work to end veterans' homelessness. He also received the Dr. Wayne Fenton Memorial Award from the National Alliance on Mental Illness for Montgomery County. He has served as a Sergeant in the United States Marine Corps and is a graduate of Marshall University in Huntington, WV.

Since 1988, Bethesda Cares has offered a daily meal program, clothing closet, hygiene and mental health services, along with short-term financial assistance to those experiencing temporary or chronic needs.

The congregation is invited to join the Missions Committee for refreshments between the two services. You will have an opportunity to meet with the speaker, and there will be a display table providing information about the programs offered through Bethesda Cares.

Apple Picking and Lunch Wednesday, September 26

All, including your friends and family, are invited to come apple picking! We will meet in The Chapel parking lot at 12 noon on **Wednesday, September 26**. We will carpool to the Olney Ale House for lunch. Along with sandwiches, soup, and burgers, Wednesday is half-priced entrée salad day. After lunch, it's on to Larriland Farm in Woodbine, MD, about 20 minutes north of Olney. At Larriland, you may pick your own apples or purchase fresh apples, pumpkins, and other fall treats at the farm market.

RSVP by calling 301-598-5312 or going to www.inter-faithchapel.org no later than Monday, September 24. Transportation will be by car pool, so we will need volunteer drivers. No payment in advance is necessary. Bring money for your purchases. This trip involves walking on uneven ground.

Movie with a Message

A Wrinkle in Time
Tuesday, September 11
1:00 pm
Rated PG
Running time 109
minutes

Fellowship Hall

September Birthdays

Each month we encourage our members to wish happy birthday to our affiliates and friends who live in nursing care facilities or group homes.

Please send a card.

September 4

Catherine Hawkins
4105 Taunton Drive
Beltsville, MD 20705

Virginia Kelly
629 Standish Road
Teaneck, NJ 07666-1817

September 23

Denise Ferland
14514 Homecrest Road, Apt L21
Silver Spring, MD 20906

September 30

Betty Wedler
2611 Olney Spring Road # 205
Olney, MD 20832

SHEPHERD'S TABLE CASSEROLES

Disposable pans and recipes can be picked up after the 9 am and 11 am. services on September 2 and September 9. Disposable pans and recipes will also be available in the Chapel kitchen on August 26 and later. (If picking up pans from the Chapel kitchen, please sign the log, so we can keep track.)

Zippy Beef Casserole

Ingredients:

1 lb. ground beef
8 oz. elbow macaroni, cook as directed on box and drain
1 can cream of mushroom soup (10-1/2 oz.)
3/4 cup milk
2 tbsp. instant minced onion
2/3 cup ketchup
1/3 cup green pepper, chopped
1 tsp. salt
1 1/2 cups shredded cheddar cheese

Directions:

Cook macaroni as directed on package, drain, and place in greased casserole pan. In skillet, cook and stir meat until browned. Drain off fat and set aside. In separate bowl, mix together all remaining ingredients, **except cheese**. Pour into casserole pan and mix well. Sprinkle evenly with cooked ground beef and top with the cheddar cheese. Cover with aluminum foil and bake for 40 minutes at 350 -degrees. Cool casserole and double wrap with another piece of aluminum foil. Freeze.

Please label the casserole with Leisure World, Zippy Beef Casserole, and date (9/19/18). Bring frozen casseroles to the Chapel kitchen on **Wednesday, September 19, between 1:00 pm and 2:00 pm.** Thank you and God bless.

Christmas Crafters

New crafters are welcome to join this group to make items for Christmas gift bags. The

next meeting is

Thursday, September 27

at 10:00 am in the
Chapel library.

Bring a sample of your work and an estimate of the number of items you can make.

Inter-Faith Men

The Inter-Faith Men will resume their regular gathering on the **Wednesday, September 26** at 10 am at The Chapel. This month's meeting will be a friendly Bible trivia game, complete with prizes! Come join us for fellowship and spiritual growth.

-Jack Colvis, Inter-Faith Men

Count Your Blessings, The Christian Perspective

In our Women's Bible Study, we have been studying *Growing Older, Growing Wiser*. The situations described help us to know events that we may encounter or have encountered in our lives. We have studied Bible characters and the situations that they have dealt with as they have aged. Some of the changes we may have observed in our family members, neighbors and/or our church members. How are we to respond to the changes to our bodies, our minds, our declining independence, our finances or even our living conditions?

The author, Karen Y. Davis, tells us that having a positive perspective is the key to aging well. That is where *Count Your Blessings* enters the picture. The words to the hymn *Count Your Blessings* tell us that it is all about focusing on the good in our lives instead of the difficult or the negative. Without that perspective, you will become depressed, down, fearful and filled with anxiety. Scripture continually gives us advice on how to deal with fears and anxiety. The hymn was composed by Johnson Oatman, Jr. who grew up singing songs with his father. His life is a testimony to the legacy left by a loving father who sang praises to God with his children. Johnson grew up to become a Methodist minister who wrote over 5,000 hymns. *Count Your Blessings* is considered his finest hymn and for over a century has been one of our most loved hymns.

The hymn tells us to count our blessings, name them one by one and see what God has done. We have a God who is with us throughout the many situations that we encounter in our lives. He loves us, cares for us and is still providing good things for us to enjoy. One thing that we can and should do each day is to list the blessings that we receive and to read daily to refresh our memory.

When the dragon of depression is all that we experience, our entire world is seen through the lens of sadness, hopelessness, mourning, emptiness, grief, pain, anger, frustration, guilt and disappointment. When we focus on the good, our spirits become lifted and we are no longer filled with hopelessness. We can have the faith that God is still caring for us and loves us. There are many Scriptures that can replenish our thoughts with faith, goodness and happiness. Learn these so that you can repeat when you need to encourage yourself.

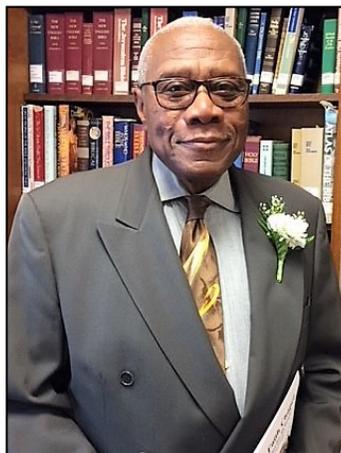
According to a recent article, more than twice as many people are taking their own lives than are being killed in homicides in this country. Suicide affects people from all walks of life, across sex, age, and race. How can we help? If you are talking with someone or know of someone that might need help; pray for them and call the National Suicide Prevention life line at 1-800-273-8255, twenty-four hours a day, seven days a week. You may also visit www.suicidepreventionlifeline.org. Keep in touch with the person, church members, family, friends and neighbors, letting them know that help is available.

-Submitted by Yvonne Williams for The Christian Education Committee

WELCOME TO OUR NEW AFFILIATES & MEMBERS



Bob Blair has lived in Leisure World for approximately eight years and has been attending The Inter-Faith Chapel regularly over the last several months. Bob was an active member of Germantown Baptist Church where he was involved in several outreach ministries and mission trips. Bob had a lengthy career as an optician with Kaiser Health and later transitioned to home construction and renovation. He now enjoys being with people, helping others, and staying active as a skilled handyman. We are pleased to welcome Bob into the family of faith here at The Inter-Faith Chapel.



Emile Milne has lived in Leisure World since 2010 and has already been a part of The Inter-Faith Chapel in so many ways. Born in Panama City in the Republic of Panama, Emile grew up in New York City, journeyed to Washington DC to attend Georgetown University, and continued his studies at New York City College, as well as other schools of higher learning. He had a distinguished career in newspaper and magazine journalism, and then served for over 20 years in the prominent position of Press Secretary and Legislative Director for Representative Charles Rangel of New York. We are delighted to welcome Emile into the full fellowship of The Inter-Faith Chapel.



Eileen Nietert moved to Leisure World five years ago to be closer to her daughter and more fully enjoy her grandchildren. She continues to spend the winter months in Largo, Florida and enjoys the milder seasons in this area. Eileen is a retired federal employee and also owned a horse farm in Elkton, MD raising thoroughbred race horses. Evelyn enjoys traveling, music, pinochle, and other card games. She comes to The Inter-Faith Chapel as an Affiliate Member from Peace Memorial Presbyterian Church in Clearwater, Florida. We welcome Eileen into the family of The Inter-Faith Chapel.



Grace Nkubana was born in Uganda and worked in Washington DC in diplomatic services for the Republic of Uganda. She later went into banking and has extensive experience in the finance industry. Grace just recently moved to Leisure World from North Potomac, MD and upon attending The Inter-Faith Chapel, claims that she immediately appreciated the diverse nature of the congregation, the inclusive nature of worship, and the affirming nature of the welcome for all. She enjoys volunteering, particularly with Friends of the Library, as even today, books hold such a precious value in her homeland. We join together in welcoming her to The Chapel!

SEPTEMBER



Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1
2 9:00 & 11:00 Worship Holy Communion	3 Labor Day Office Closed	4 12:00 Staff	5 3:00 Alzheimer's Support	6 2:00 New Wave Planning Meeting 7:00 Chancel Choir	7 7:30 JRLW Shabbat	8
9 9:00 & 11:00 Worship New Members 7:00 Rosh Hashanah	10 9:00 Rosh Hashanah 2:00 Sandwich Makers	11 10:30 Brooke Grove Worship 12:00 Staff 1:00 Movie with a Message 1:00 Handbells	12 10:00 Bedford Court Worship 10:00 Women's Chorus 7:00 Book Club	13 9:30 Finance 10:30 Dementia Conversation 11-3 Extended Staff Meeting 7:00 Chancel Choir	14 10:00 Knitting	15
16 9:00 & 11:00 Worship	17 10:30 Bible Study 2:00 Sandwich Makers	18 12:00 Staff 1:00 Handbells 7:00 pm Yom Kippur Service	19 9:00 Yom Kippur 10:00 Women's Chorus 11:15 Music 1:00—2:00 Casseroles 3:00 Alzheimer's	20 10:30 Missions 7:00 Chancel Choir	21 10:30 Aspenwood Worship	22
23 9:00 & 11:00 Worship Missions Sunday 5:00 Choir Potluck	24 10:30 Bible Study 2:00 Sandwich Makers 4:00 Sukkot Service	25 12:00 Staff 1:00 Handbells 1:30 Outreach 3:00 Council 4:00 Sukkot Service	26 10:00 Inter- Faith Men 10:00 Women's Chorus 12:00 Apple Picking 4:00 Sukkot Service	27 10:00 Dementia Workshop 10:00 Crafters' Meeting 1:15 Women's Bible Study 4:00 Sukkot Service 7:00 Chancel Choir	28 10:00 Knitting	29 6:45 Sukkot Service
30 9:00 & 11:00 Worship						

**THE INTER-FAITH CHAPEL
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Rev. Dr. Woodrow Rea, Senior Minister
Rev. Dr. Ramonia L. Lee,
Minister of Congregational Life
Kevin M. Clemens, Director of Music
Linda Faith,
Administrator/Facilities Manager
Bonnie B. Bonner,
Administrative Secretary
Steve Buck, Gary Carpenter
Video Technicians and Chapel Sextons

Committee for Homeless & Working Poor

The Leisure World Interfaith Committee for the Homeless and Working Poor is collecting handmade knitted or crocheted winter caps for kids. A container will be available in the Narthex of the Chapel between **September 2 and October 31**. All sizes are needed. Place the completed cap(s) in a plastic bag, include your name if you wish, tie securely and drop in the box. The caps will be delivered to the Interfaith Clothing Center to be distributed to children, referred there by various agencies. Thank you in advance for your handiwork.

Thank you to all who donated to the school supply drive. Georgian Forest Elementary School received over 1,200 items, such as notebooks, folders, crayons, pencils, and scissors, plus many more. The community also gave financial donations, and the school received a check for \$300.